ROAD AND TRACK SKILLS CYCLE COURSE



Please register you interest in this course with

act.info@cycling.org.au

by 28 February 2015

Are you interested in completing a Road and Track Skills Cycle Course?

- This Course is designed and targeted for beginner coaches who assist club riders to build their riding skills and learn basic racing skills.
- The course addresses discipline-specific planning and evaluation, bike set-up, cycling skill development and practical coaching.
- The course is a two day program combined with the AustCycle Skills Coaching Course and will be delivered by Sian Mulholland, on behalf of Cycling ACT

Day 1 - AustCycle Skills Coaching Course

Day 2 – Road and Track Skills Coaching Course

28-29 MARCH 2015

Venue: to be advised



